
CARING EMPOWERS / GENEROSITY HEALS

COMMUNITY OUTREACH

“Bringing health, healing and empowerment to the people in Napa most in need.”

How we can care together, today

Program and services support \$2.5 million

TOTAL: \$2,500,000

PLEASE CONSIDER ...

- Queen of the Valley Medical Center believes in putting our Core Values of Dignity, Service, Excellence and Justice into action. This takes form in our ever-expanding **Community Outreach**:
 - ~ Resources are dedicated to programs and services that help **rebuild lives and care for the underserved and disadvantaged**.
 - ~ **Partnerships have been developed** with schools, businesses, local community groups and national organizations that allow for focused solutions that will have an enduring impact in the community.
 - ~ An extensive matrix of **well-organized and coordinated community benefit service programs and activities** are provided and/or supported.
 - ~ Issues such as obesity, mental health, chronic disease management, dental health, education, access to food, housing and health care are addressed and acted upon.
 - ~ Many of the Community Outreach programs have received national recognition for providing creative community-based solutions to health status improvement.

THE VALUE

The health of our community depends on the creation and maintenance of strong physical and social structures which promote and contribute to the wellbeing of those who live in Napa County. Community Outreach provides **quality care to all** regardless of ability to pay.

Programs and Services

- **CARE Network** (Case Management, **A**dvocacy, **R**esources, and **E**ducation)
 - ~ Without adequate health insurance, income, and support, managing a chronic illness such as diabetes or heart failure can be extremely costly and difficult. A nationally recognized, award winning program, CARE Network provides:
 - Nurses and social workers who promote disease self-management of chronic conditions through a comprehensive, interdisciplinary approach.
 - Home visits, disease management education, advocacy and socioeconomic support.
 - ~ In FY 15, CARE Network served 419 clients; of those 236 were newly enrolled. **For the newly enrolled there was an overall 53% decrease in emergency room visits, and a 53% decrease in hospitalization compared to one year prior to program enrollment.**



• **Children’s Mobile Dental Clinic**

In FY2015, the clinic:

- ~ Spanned **9 locations** across Napa County.
- ~ **Served 2,129** low-income children.
- ~ Provided **5,067 clinic visits**.

And,

- ~ Over **640 preschool children** received free fluoride varnish.
- ~ **37 low-income pre-school/kindergarten classes** received free oral health screenings.

• **Healthy for Life**

A school-based **obesity prevention program** designed to emphasize lifelong fitness and healthy eating behaviors among children and adolescents. The program provides:

- ~ Training to teachers.
- ~ Exercise equipment to schools.
- ~ A variety of P.E. classes designed to be fun, safe and comfortable for all students.
- ~ Guest instructors for nutrition.

In FY2015, **over 1,000 students participated** in some portion of the program’s exercise and fitness classes.

• **Behavioral Health**

Access to low-cost mental health services ranked as a top priority in the last three community health needs assessments for Napa County. To address this need, Community Outreach introduced three mental health initiatives. These efforts target postpartum mothers, low-income chronically ill persons and underserved older adults at risk for behavioral or cognitive health issues.

• **Community Education and Empowerment**

The **health education programs** are committed to improving and promoting the individual and collective health and well-being of our community. Specialized teams of health care professionals are **dedicated to empowering individuals** with the knowledge and resources necessary to better manage their health and the health of their family.

A wide variety of **educational opportunities**, many of which are offered in both English and Spanish, include:

- ~ Support groups.
- ~ Group and individual education.
- ~ Health fairs and screenings.
- ~ Perinatal outreach and classes (childbirth, infant care, breastfeeding, infant massage, car seat education/installation, pre/post-partum classes).
- ~ Information, referral and resource access.
- ~ Parent University.

• **Community Partnerships for a Healthier Napa County**

Our mission calls us to improve the health and quality of life of our community. To do this, **Community Outreach partners with other nonprofit organizations to meet identified community needs** such as food security, housing, education, substance abuse prevention and treatment, health insurance enrollment and healthy aging, just to name a few.

Queen of the Valley Community Outreach demonstrates whole-community care at its best.