QUEEN OF THE VALLEY FOUNDATION
2013 BOARD OF TRUSTEES

Greg Bennett – Chair
Richard Barry – Vice Chair
Kevin Corley – Secretary
Pam Kindig – Treasurer
Elaine John – President/CEO

Gary Campbell
Mark Coleman
John Cordeiro
Liz Davis
Joanne DePuy
Kerry Egan
Matt Eisenberg
Mel Engle
Kerry Groth
Ed Henderson
Lynne Hobaugh
Charles Johnston
Paul Kivela, MD
James Knister, MD
Paula Kornell
Tom LeMasters
Michael Manfred
George Porter
Mike Silvas
Brenda Speth
Andrew Wong, MD
R. Scott Zion
Dan Dwyer
  QVMC Regional VP
  Mission Integration
  Ex Officio
Walt Micksens
  QVMC President/CEO
  Ex Officio

QUEEN OF THE VALLEY FOUNDATION
HONORARY TRUSTEES

Dorothy Arata
Richard Bennett
Cindy Brockmeyer
Kirk Candland
Frank Collin
Bill Dodd
Carol Dooley
Ed Farver
Gary Garaventa
David Gaw
Tim Herman
Martha Hussey
John Imrie
Maxine Jacobs
Jean Lenhart
James Maggetti
Mary Maher
Linda Malloy
Jim McKeever
R. Michael Mondavi
Ed Morrell
Jayne Morrell
Ray Nasuti
Nancy Nicks
Starr Piner
Jeff Reichel, MD
Terry Robinson
Gary Rose
Eloise Rota
Wyman Smith
Joyce Spinelli
Rodney Stone
Ron Tapper
Stanley Teaderman
Jim Terry
James Tidgewell
Janet Trefethen
Lorraine Yates
Tom Young
John Zimmerman
Dr. Robert Emmons of UC Davis is considered the world’s leading scientific expert on gratitude. His research, along with the work of the Greater Good Science Center at UC Berkeley, has documented how being thankful can have a powerful effect on our lives. By simply counting our blessings, we promote better physical and mental health, increase our happiness, sleep better, and reduce anxiety and depression—among a host of other benefits.

At Queen of the Valley Medical Center, we are always grateful for the enormous generosity of our Napa Valley community. Thanks to the private philanthropic support of so many donors, we’re able to help ensure the health and well-being of all our patients—without regard to their ability to pay for our services.
As we move into the new year, Greg Bennett concludes his two-year term as chair of Queen of the Valley Foundation and turns the role over to incoming chair Dick Barry. We couldn’t be more grateful to Greg for his effective leadership and achievements during his term.

Under his guidance, in 2013 the Foundation raised $7.8 million in support of top-priority hospital projects—181 percent over St. Joseph Health’s original goal of $4.3 million. We completed the largest cumulative campaign gift in Foundation history, totaling $11 million, to name the new Herman Family Pavilion. Greg also strengthened our donor development structure, recruited new and energetic board members, and helped to improve our systems to create better collaboration between the Foundation and the hospital.

We’re equally thankful to Dick Barry for accepting the role for the next two years. A financial advisor who has raised his family in Napa, Dick joined the Foundation board in 2009. His reasons for stepping up are personal—Dick’s wife, a local pediatrician, spends much of her time at the hospital. His daughter was born here. His mother spent some of her last days in the hospital. And, “I imagine I’ll be a customer here at some point in the future,” he laughs.

“I’ve had some pretty remarkable life moments at or around the Queen,” Dick says. “When my mom passed away, the physician who cared for her made a donation in her name. I found that very moving.” Dick also believes that, as amazing as the hospital’s state-of-the-art facilities are, it’s the people inside who make the place truly exceptional. “We don’t fully appreciate how much these physicians and staff do for us behind the scenes. While Napa sleeps, they’re doing amazing work.” Dick’s goal for the next two years: “To finish strong with a capital campaign that was courageously started in a very difficult economic climate, and transition into our next big opportunity.”
Looking back on 2013, we feel considerable pride for all we’ve achieved investing in the long-term excellence of this phenomenal medical center. Most impressively, we just celebrated the dedication of our state-of-the-art Herman Family Pavilion, bringing Queen of the Valley to the leading edge of medical technology.

We have so much to be grateful for here, and topping that list is our growing community of private supporters. Without your ongoing generosity, we would not have a world-class medical center right here in Napa.

We take our philanthropic commitment seriously and this report demonstrates our stewardship of your generosity. Once again, we’ve been honored with a number of impressive awards—including recognition by the Robert Wood Johnson Foundation for our CARE Network as a model of best practice in helping patients make successful transitions out of the hospital, as well as awards for best cardiac, orthopedic, and emergency care.

But we have more work to do. Our goal is to make philanthropy contagious; to create a culture of generosity at all levels. We invite you to join this remarkable community of supporters to ensure Queen of the Valley Medical Center can continue to care for and promote wellness among generations ahead.

Elaine John  
Vice President, Philanthropy, Queen of the Valley Medical Center  
President and Chief Executive Officer, Queen of the Valley Foundation

Walt Mickens  
President and Chief Executive Officer, Queen of the Valley Medical Center
“Gratitude unlocks the fullness of life. It turns what we have into enough, and more.”
- MELODY BEATTIE
On April 2, 2011, Shane Soldinger was 35 years old, happily married, and working as a general manager for a local winery. He also had a thriving musical career, playing rhythm guitar and singing for a local band, the Silverado Pickups. The day before, Shane had done an hour of cardio training and was feeling fine.

"Out of nowhere, I felt an excruciating pain in my stomach," he remembers. "I couldn't even stand up straight, but I figured the pain would pass." After four agonizing hours, however, his symptoms continued to intensify. Shane's wife, Heidi, drove him to Queen of the Valley's emergency room with what they thought was appendicitis. But Shane wasn't worried—he'd have his appendix out and everything would soon be back to normal.

Several tests, including a CT scan, were ordered. Soon surgeon Dr. Elizabeth Cunningham broke the news that Shane's problem was much more serious than appendicitis. She suspected diverticulitis and warned the couple that he'd be headed for surgery the next day. The worst news: He'd likely wake up with a colostomy bag.

Shane was still in denial about the severity of his condition. But by the next afternoon, he was experiencing severe chest pains and within minutes he was rushed into the operating room. After four hours of surgery, he awoke to some very positive news: Dr. Cunningham had successfully removed eight inches of his sigmoid colon, and a colostomy bag wouldn't be necessary. That's very good news for anyone, but particularly for a 35-year-old.

After 12 days at the hospital, Shane soon resumed a completely normal life. Although he doesn't know what caused his diverticulitis, the gratitude and the blessings are still very much with him. "I'm very fortunate that my symptoms were so severe," he says. "Some people with more minor symptoms don't receive treatment and are dead within 36 hours. I could have been a goner." And, he adds, he was incredibly lucky to be in the deeply competent hands of Dr. Cunningham and her team. Shane shares the perspective of anyone who has experienced a life-threatening condition: Good health and a normal life just can't be taken for granted.

"You realize that the two most important things in life are health and love," Shane reflects. "Everything else is just icing on the cake. This experience enabled me to see that I don't want to lose these gifts."

THE GIFT OF A NORMAL LIFE
A LIFE-SAVING MOMENT OF COMPASSION

Don Evans remembers the exact moment he became connected to Queen of the Valley Medical Center. One day in 1964, as a college student and part-time school-bus driver, he was crippled by unbearable abdominal pain. He ended up at Queen of the Valley—then a small-town hospital without an emergency room—lying on a gurney in a hallway awaiting the arrival of his family doctor. One of the Sisters of St. Joseph of Orange walked by and immediately sensed his pain and need of critical medical attention. She arranged to get a local surgeon to operate immediately—a move that saved Don’s life from a potentially fatal perforated ulcer.

“I had no health insurance and very little money in those days,” Don recalls. “But the hospital showed me true compassion and treated me regardless of my ability to pay.” It’s a practice that continues to this day. Since then, Don and his wife, Mary, founded Evans Transportation in 1975, which they operated until 2003. They have supported Queen of the Valley by donating transportation services for patients and events, as well as making annual, capital, and memorial gifts.

Over the years, the whole Evans family has benefited from Queen of the Valley’s expertise and compassionate service. Their daughter and grandson were born at the hospital. Both Don and Mary underwent “some pretty serious surgeries” there, and both of Don’s parents received treatment at Queen of the Valley.

“Eventually, we will all end up needing the services of a hospital,” Don explains. “To have one of this caliber within a community of this size, it’s pretty amazing. We feel so fortunate, because we can’t imagine needing to go anywhere else, regardless of our condition.”
AT THE FOREFRONT OF MEDICAL TECHNOLOGY

At Queen of the Valley, we are ever aware that we could not serve this region with such an exemplary level of care without the considerable support of private philanthropy. This is more true today than ever before: Soon we will open the doors to the Herman Family Pavilion, one of the most technologically advanced hospital facilities in Northern California—a 72,000-square-foot, Gold LEED-certified complex built to remain operational during a major seismic event. The pavilion is named in honor of Tim and Mary Beth Herman; his late wife Peggy; and the Herman children, Michael, Patrick and Danielle, who as a family have made a campaign gift of $11 million—the largest gift in the hospital’s 55-year history.

In January, The V Foundation for Cancer Research awarded Queen of the Valley Foundation a $500,000 gift to support the pavilion's Clinical Laboratory and Pathology Services Department—The V Foundation’s third major gift to the medical center. This advanced diagnostic center will be equipped with the latest technology, including a camera system linked directly to the operating rooms, enabling real-time communication between surgeons and pathologists.

In presenting the gift, V Foundation Chairman Bob Lloyd noted that Queen of the Valley's Regional Cancer Center has been nationally recognized and accredited for its outstanding achievement in cancer care and programs. “The Queen's mission aligns with our own,” he says. “We’re both working to provide cancer patients with the latest technologies and treatments for continued health and well-being.”
Welcome to the Herman Family Pavilion

**FIRST FLOOR:**
- Two-story Atrium, Clinical Laboratory and Pathology Services
- Quiet Room for prayer and meditation
- Rapid Response Laboratory
- Blood Bank
- Biology Laboratory
- Microbiology Laboratory
- Pathology Laboratory
- Sterile Processing Department

**SECOND FLOOR:**
- Surgical Center
  - Six expansive operating suites with smart technology
  - Hybrid OR, a state-of-the-art integration of imaging technology and surgery, Cardiac OR, Four general ORs
- Pre-Op Department
- Post-Op Department
- Teaching conference room with connectivity for surgery observation

**THIRD FLOOR:**
- Intensive Care and Recovery
  - 20 private ICU suites with natural light, private bathrooms, patient lifts, and family areas
As with the power of gratitude, nature offers us a deep connection to grace, contemplation, and healing. One of the most stunning features of the new Herman Family Pavilion is the Kenzo Healing Garden, which offers a sacred, outdoor place for patients and their caregivers to find solace and tranquility.

The garden is named in honor of Kenzo and Natsuko Tsujimoto, who made a generous $1-million gift to the Queen of the Valley Foundation. Kenzo, CEO of video-game publisher CapCom Co. Ltd. in Osaka, Japan, is also the founder of Kenzo Estate Winery, located on the slopes of nearby Mt. George.

According to renowned landscape architect Jack Chandler, the space was inspired by Japanese gardens and is specifically designed to stimulate the restorative powers of both mind and body. Amid the natural elements, stone benches invite visitors to sit and be still, while the fountain’s gently splashing water is a calming feature that encourages reflection. Its design was inspired by the strong bond between the Sisters of St. Joseph of Orange and the Napa Valley community.

During a recent visit of the facility, the Tsujimotos caught a glimpse of Kenzo Estate in the distance from the pavilion’s top floor and expressed how meaningful it felt to be connected to this important center of healing through their support of the beautiful garden below.

“I believe that organizations have a special obligation to give back to the communities that contribute to their success,” explains Kenzo. “This is especially true when it comes to high-quality health care.”

Walt Mickens, President and CEO of Queen of the Valley Medical Center, adds, “Such thoughtful philanthropy enables the Queen’s patients and families to heal the heart and spirit as well as the body.”
PERFORMING AT THE HIGHEST LEVEL

Just talk to vascular surgeon John Loftus, MD, about the new hybrid surgical suite in the Herman Family Pavilion, and you'll hear a long list of advances over the previous operating room and imaging technology. Improved speed, safety, accuracy, and better patient outcomes are just a few of the benefits. “Now we can do both surgery and high-level imaging at one time in one place,” he says. “Everything can be done in real time, with imagery such as angiograms and CT scans immediately available to us on LCD screens.”

But Dr. Loftus is grateful for more than just the new technology: Queen of the Valley’s top-flight personnel are as critical as the equipment. “I’ve been to university medical centers in the Bay Area, and having this level of technology and personnel at a hospital of our size is fantastic,” he says. “We’re performing at the highest level here at the Queen.”

ENHANCED COMMUNICATION FOR A BETTER RESPONSE

When it comes to caring for critically ill patients, clear communication is paramount. Queen of the Valley’s ICU nurses are understandably excited about how their call system has been vastly improved in the new Herman Family Pavilion. Instead of a single button, the new technology will provide more precise information about what patients need and the degree of urgency. It will link patients directly to a nurse’s station, enabling them to talk to a live person. And a special alarm will sound if a ventilator has been activated.

“The new communications system enables me to respond more quickly and accurately to my patients’ needs,” says critical-care nurse Rebecca Diel, RN. “Since many ICU patients aren’t able to push the buttons themselves, it also helps the family to feel more involved.” Beyond this improved function, Rebecca values the beautiful views and healing environment of the new pavilion. “This just makes the Queen an even better place to work,” she says. “I’ve been here since nursing school, and I feel a real sense of loyalty and love for our team.”
Lisa Morrison is one of over 100 employees at Queen of the Valley who have made a very personal donation to the hospital’s campaign, but her reason is fairly typical. “It feels like family,” she says of the place she’s worked for nine years. “The Queen has done so much for me—it just felt right to give back.”

Lisa (second from right in the photo) began at the hospital as a patient transporter in 2004 and advanced her career through the radiology front office, the registry, and the x-ray film lab. She cared deeply about helping people, but shied away from nursing because she feared she’d become too attached to her patients. Through Queen of the Valley’s “Crossroads” program, she received financial assistance to attend radiology school for two years, emerging in 2010 as a fully qualified radiology technologist.

By committing to donate one hour of her pay for every two-week pay period, Lisa has made a personal contribution of nearly $1,000 a year to the Employee Campaign. Combined with similar gifts from her co-workers, the Campaign has raised more than $400,000 to support the new Herman Family Pavilion. Such is the power of gratitude.
NAPA VALLEY VINTNERS’ ABIDING SUPPORT OF NEEDY POPULATIONS

Since holding its first wine auction in 1981, the Napa Valley Vintners has donated the proceeds—now totaling more than $120 million—to local health care, youth education programs, and affordable housing. Queen of the Valley has been among the worthy beneficiaries of this generous philanthropy, and has used the support to fund medical care for the county’s most vulnerable populations.

In October 2013, the NVV awarded the hospital a $500,000 grant to support inpatient and outpatient care and services for individuals who would otherwise be unable to afford it. Following treatment, many of these patients are referred into Queen of the Valley’s CARE Network (Case management, Advocacy, Resources, and Education), which focuses on low-income, chronically ill residents, families, and caregivers.

The CARE Network promotes disease self-management with resources such as nursing, social work, and behavioral and spiritual health. It annually serves nearly 400 clients; last year, this resulted in a 72 percent decrease in emergency room visits and a 62 percent decrease in hospitalizations. The Robert Wood Johnson Foundation recently recognized the CARE Network as a model of best practice in improving care transitions, and in 2012, the program received an American Hospital Association NOVA Award for Building Healthier Communities.

Our many community partners include:

- Area Agency on Aging
- Community Action Napa Valley
- Community Health Clinic Ole
- Family Services Napa Valley
- Healthy Minds-Healthy Aging
- Legal Aid of Napa Valley
- Napa Community Housing
- Napa County Health and Human Services
- Napa Valley Hospice & Adult Day Services
“The CARE Network has evolved over the past 15 years, utilizing evidence-based practices to meet identified community health needs. We work closely with other community-based organizations to enhance the care continuum outside the hospital walls. The CARE Network is in perfect alignment with the values of St. Joseph Health—to reach out and serve the most at-risk individuals in our community.”

Dana Codron
Executive Director, Community Outreach Department
Queen of the Valley Medical Center
ANYONE CAN LEAVE A LEGACY

As owners of Garaventa’s Florist & Gifts in Napa for 45 years, Gary and Patty Garaventa have played an integral role in many major life events—birthdays, weddings, health crises, and funerals. It’s inspired them to give back, both to Queen of the Valley and to other nonprofits in the community, through gifts and donations of their staff and expertise. Gary has also been a key fundraiser for the hospital, serving as a past trustee and as president of the Foundation Board.

Although they’re able to make regular, outright gifts to Queen of the Valley, the Garaventas have also made a bequest to include the hospital in their will. Gary considers this “a little something extra” that will make an impact after they’re gone. “With a legacy gift, anyone can give back. It’s a great way to show that you did care—and you may help another family or even your own grandkids, you just don’t know.”

He invokes the original vision of the Sisters of St. Joseph of Orange, who never turned a patient away. “The hospital is just a building,” he explains. “It’s what’s inside of it that counts—the care, the compassion, the feeling that you’re a member of their family.”

“Our greatest responsibility is to be good ancestors.”

Epidemiologist Jonas Salk, inventor of the polio vaccine

Creative Ways to Plan a Gift

You needn’t be wealthy to make a meaningful contribution. With a variety of giving options, you can demonstrate your gratitude to the hospital, enjoy tax benefits, and even augment your income through your generosity. Depending on the nature of a gift, the Foundation honors its donors with membership in giving groups such as Circle of Friends and the Queen’s Heritage Circle.

Here are just a few ways you can make a gift to Queen of the Valley:

JOIN a Donor Club

INCLUDE the hospital in your will or trust

HONOR a loved one with a tribute or memorial gift

STRUCTURE a charitable gift annuity

TRANSFER a gift of stocks, property, or appreciated assets

RESTRICT your gift to a particular program

INCREASE the Endowment Fund

Our Foundation staff can provide confidential consultations—with no obligation to you—about how these and other forms of philanthropy can benefit both Queen of the Valley and your family.
From high-tech equipment to glamorous bling, September 28 was a night to celebrate shiny things. The inaugural gala, Sapphire & Steel Soirée: Celebrating the Queen’s Crown Jewel, raised more than $1 million to support the hospital’s new Herman Family Pavilion. Fund-a-Need donations reached $600,000 to support a sophisticated IP communications nurse call system. The Soirée honored vintners and volunteers Betty O’Shaughnessy Woolls and Paul Woolls for their longtime community service. And donors got an early peek at the state-of-the-art, 72,000-square-foot Herman Family Pavilion.

“We’re tremendously grateful to all those who raised their paddles,” said Elaine John, president and CEO of Queen of the Valley Foundation and vice president for philanthropy at Queen of the Valley Medical Center. “Leading-edge technology is costly, and this facility will save lives in our community for many generations.”
Day for the Queen

“The Queen on Safari” was the theme of the 36th annual Day for the Queen fundraiser held at Silverado Resort and Spa on August 16. Day and evening activities included two golf tournaments, a fashion show and luncheon, cocktails, silent and live auctions, barbecue dinner, and dancing to live music by The Fundamentals. This year’s event honored Community Projects, Inc.—a nonprofit, nonsectarian women’s volunteer organization—and raised $180,000 in support of the new Herman Family Pavilion.

Reach for the Stars

This annual event celebrated its 20th anniversary on March 30 at the Silverado Resort and Spa, where it raised $130,000 to benefit Queen of the Valley’s Cancer Wellness Program. Sponsored by Rombauer Vineyards, Reach for the Stars is an annual celebration of life for individuals living with cancer, for friends and families, physicians, care providers, and community members. The luncheon featured a fashion show with cancer survivors modeling clothing from local merchants. “This event has made a difference in the lives of so many, including my own,” said event producer and cancer survivor Paige Smith. “We’re celebrating life at a time when we’re feeling most vulnerable.”

Event photos by Barry Dodds
The Women's Choice Award in Obstetric and Orthopedic Care  
For delivering high standards of clinical care to women.

Blue Cross and Blue Shield “Blue Distinction Center” Award  
For cardiac care, knee and hip replacement, and spine surgery.

Bay Area Consumers’ Checkbook  
Highest rating in emergency care – the only hospital in Napa, Marin, and Sonoma counties. The Queen also scored a 96% overall rating for emergency room care – the fourth-highest score out of 67 Bay Area hospitals.

Best of the North Bay Readers’ Poll  
Rated, for the third consecutive year, by the North Bay Bohemian as “Best Hospital/Health Care Clinic” and our Synergy Medical Fitness Center as “Best Health Club” in Napa County.

As Seen on Facebook

Thank you to Julie Morales, who recently made this post on Facebook:

As I reflect on this day, I am very thankful. Six years ago on October first, our lives were changed dramatically when my husband was diagnosed with Guillain-Barré Syndrome, the craziest thing we have ever seen. Tony had to learn to walk, talk, breathe and function all over again, spent two months in the ICU and one month in rehab, then six months of outpatient rehab and about a year to get back to normal. He lost his job, we lost our house, but we survived. Thank you to the Queen of the Valley Hospital and our friends and family for getting us through that difficult time. Today I am grateful. Love you Tony Morales!!!
Queen of the Valley Foundation
707.257.4044
1000 Trancas Street, Napa CA 94558
www.queensfoundation.org
qvmcfoundation@stjoe.org